

INFORMAZIONI PERSONALI



Cristea Ioana Alina

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POSIZIONE RICOPERTA

Ricercatrice universitaria in Psicologia Clinica a tempo determinato tipo B

ESPERIENZA PROFESSIONALE

01/10/2019–alla data attuale

Ricercatrice universitaria in Psicologia Clinica a tempo determinato tipo B

Università degli Studi di Pavia
Piazza Botta 11, 27100 Pavia (Italia)
<https://web.unipv.it/>

- Ricerca
- Insegnamento didattico (Psicologia Clinica, Applied Clinical Neuroscience)

Attività o settore Istruzione e ricerca

28/09/2015–30/09/2019

Professore Associato

Dipartimento di Psicologia Clinica e Psicoterapia, Università Babeş-Bolyai
Mihail Kogalniceanu 1, 40084 Cluj-Napoca (Romania)
www.ubbcluj.ro

- Insegnamento didattico
- Ricerca

Attività o settore Istruzione e ricerca

01/10/2016–30/03/2017

Fulbright Visiting Senior Scholar

Meta-Research Innovation Center, Stanford University, California, Palo Alto (Stati Uniti d'America)
<https://www.stanford.edu/>

- Ricerca (coordinatore scientifico: Prof. John P.A. Ioannidis)

01/04/2017–15/06/2017

Visiting Associate Professor

Meta-Research Innovation Center (METRICS), School of Medicine, Stanford University, California, Palo Alto (Stati Uniti d'America)
www.stanford.edu

- Ricerca

01/05/2017–30/12/2018

Ricercatrice associata (Fellow)

Department of Clinical, Neuro and Developmental Psychology, Vrije Universiteit, Amsterdam (Paesi Bassi)
<https://www.vu.nl>

01/10/2012–28/09/2015

Professore assistente

Dipartimento di Psicologia Clinica e Psicoterapia, Università Babes-Bolyai
Mihail Kogalniceanu 1, 400084 Cluj-Napoca (Romania)
www.ubbcluj.ro

Attività o settore Istruzione e ricerca

29/09/2008–01/10/2012

Assistente universitario

Dipartimento di Psicologia Clinica e Psicoterapia, Università Babes-Bolyai
Università Babes-Bolyai, Cluj-Napoca (Romania)
www.ubbcluj.ro

01/04/2016–01/09/2016

Visiting Research Fellow

Dipartimento di Psicologia Generale, Università degli Studi di Padova, Padova (Italia)
www.unipd.it

ISTRUZIONE E FORMAZIONE

- 01/10/2007–24/02/2012 **Dottore di ricerca (PhD)**
 Scuola dottorale "Psychological Diagnosis and Scientifically Validated Psychological Interventions", Facoltà di Psicologia e Scienze dell'Educazione, Università Babes-Bolyai, Cluj-Napoca (Romania)
www.ubbcluj.ro
 Titolo della tesi: *Dysfunctional and Functional Beliefs in Emotion Regulation: Reappraisal and Acceptance based Approaches*
 Coordinatore scientifico: Prof. Daniel David
- 01/10/2006–15/06/2008 **Laurea magistrale in Psicologia Clinica**
 Facoltà di Psicologia e Scienze dell'Educazione, Università Babes-Bolyai, Cluj-Napoca (Romania)
www.ubbcluj.ro
 Corso di Laurea Magistrale "Clinical Psychology, Psychological Counseling, and Psychotherapy"
- 01/10/2002–15/06/2006 **Laurea triennale in Psicologia**
 Facoltà di Psicologia e Scienze dell'Educazione, Università Babes-Bolyai, Cluj-Napoca (Romania)

COMPETENZE PERSONALI

Lingua madre rumeno

Lingue straniere	COMPRENSIONE		PARLATO		PRODUZIONE SCRITTA
	Ascolto	Lettura	Interazione	Produzione orale	
inglese	C2	C2	C2	C2	C2
italiano	C2	C2	C2	C2	C2
tedesco	B2	B2	B2	B2	B2
spagnolo	A2	A2	A1	A1	A1

Livelli: A1 e A2: Utente base - B1 e B2: Utente autonomo - C1 e C2: Utente avanzato
 Quadro Comune Europeo di Riferimento delle Lingue - Scheda per l'autovalutazione

- Competenze professionali**
 Uso di programmi statistici per revisioni sistematiche e meta-analisi (Comprehensive Meta-analysis, STATA)
 Uso di programmi statistici generali (SPSS, STATA)
 Uso di strumenti per valutare la qualità di studi clinici controllati e meta-analisi

ULTERIORI INFORMAZIONI

- Publicazioni**
1. Peer-reviewed journal articles
 * indicates corresponding author

In press

1. Fodor, L.A., Georgescu R., Cuijpers, P., Szamoskozi, S., David, D., Furukawa, T.A., **Cristea, I.A.** * (in press). Efficacy of cognitive bias modification interventions in anxiety and depressive

disorders: a systematic review and network meta-analysis. *The Lancet Psychiatry*

2. Naudet, F., Braillon, A., **Cristea, I. A.**, & Lexchin, J. (in press) Restoring the Bacloville trial: efficacy and harms. *Addiction*. doi:10.1111/add.15109

2020

3. **Cristea, I. A.***, & Naudet, F. (2020). Is large-scale population screening coming to psychiatry? *The Lancet Digital Health*, 2(5), e210-e211. doi:10.1016/S2589-7500(20)30066-2
4. Naudet, F., & **Cristea, I. A.*** (2020). Approval of esketamine for treatment-resistant depression; Authors' reply. *The Lancet Psychiatry*, 7(3), 235-236. doi:10.1016/S2215-0366(20)30040-7
5. Moshe, I., Terhorst, Y., Cuijpers, P., **Cristea, I.**, Pulkki-Råback, L., & Sander, L. (2020). Three Decades of Internet- and Computer-Based Interventions for the Treatment of Depression: Protocol for a Systematic Review and Meta-Analysis. *JMIR Res Protoc*, 9(3), e14860. doi:10.2196/14860
6. Cuijpers, P., Veen, S. C. v., Sijbrandij, M., Yoder, W., & **Cristea, I. A.** (2020). Eye movement desensitization and reprocessing for mental health problems: a systematic review and meta-analysis. *Cognitive Behaviour Therapy*, 1-16. doi:10.1080/16506073.2019.1703801

2019

7. **Cristea, I. A.***, & Naudet, F. (2019). US Food and Drug Administration approval of esketamine and brexanolone. *The Lancet Psychiatry*, 6(12), 975-977. doi:10.1016/S2215-0366(19)30292-5
8. **Cristea, I. A.**, Karyotaki, E., Hollon, S. D., Cuijpers, P., & Gentili, C. (2019). Biological markers evaluated in randomized trials of psychological treatments for depression: a systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews*, 101, 32-44. doi:https://doi.org/10.1016/j.neubiorev.2019.03.022
9. **Cristea, I. A.**, & Gentili, C. (2019). Publication Bias in Trials With and Without Null Findings. *JAMA*, 322(12), 1213-1214. doi:10.1001/jama.2019.11140
10. Nutu, D., Gentili, C., Naudet, F., & **Cristea, I. A.*** (2019). Open science practices in clinical psychology journals: An audit study. *Journal of Abnormal Psychology*, 128(6), 510-516. doi:10.1037/abn0000414
11. Georgescu, R., Fodor, L. A., Dobrea, A., & **Cristea, I. A.*** (2019). Psychological interventions using virtual reality for pain associated with medical procedures: a systematic review and meta-analysis. *Psychological Medicine*, 1-13. doi:10.1017/S0033291719001855
12. Stefan, S., **Cristea, I. A.**, Szentagotai Tatar, A., & David, D. (2019). Cognitive-behavioral therapy (CBT) for generalized anxiety disorder: Contrasting various CBT approaches in a randomized clinical trial. *Journal of Clinical Psychology*, 75(7), 1188-1202. doi:10.1002/jclp.22779
13. Cuijpers, P., Quero, S., Papola, D., **Cristea, I. A.**, & Karyotaki, E. (2019). Care-as-usual control groups across different settings in randomized trials on psychotherapy for adult depression: a meta-analysis. *Psychological Medicine*, 1-11. doi:10.1017/S0033291719003581
14. **Cristea, I. A.***, & Naudet, F. (2019). Increase value and reduce waste in research on psychological therapies. *Behaviour Research and Therapy*, 123, 103479. doi:https://doi.org/10.1016/j.brat.2019.103479
15. **Cristea, I. A.**, Cahan, E. M., & Ioannidis, J. P. A. (2019). Stealth research: Lack of peer-reviewed evidence from healthcare unicorns. *European Journal of Clinical Investigation*, 49(4), e13072. doi:10.1111/eci.13072
16. **Cristea, I. A.*** (2019). The waiting list is an inadequate benchmark for estimating the effectiveness of psychotherapy for depression. *Epidemiology and Psychiatric Sciences*, 28(3), 278-279. doi:10.1017/S2045796018000665
17. Braillon, A., Naudet, F., **Cristea, I. A.**, & Lexchin, J. (2019). Baclofen and Alcohol Use Disorders: Breakthrough or Great White Elephant? *Alcohol and Alcoholism*, 55(1), 49-50. doi:10.1093/alcalc/agz083
18. Cosgrove, L., **Cristea, I. A.**, Shaughnessy, A. F., Mintzes, B., & Naudet, F. (2019). Digital aripiprazole or digital evergreening? A systematic review of the evidence and its dissemination in the scientific literature and in the media. *BMJ Evidence-Based Medicine*, 24(6), 231-238. doi:10.1136/bmjebm-2019-111204

19. Cuijpers, P., **Cristea, I. A.**, Karyotaki, E., Reijnders, M., & Hollon, S. D. (2019). Component studies of psychological treatments of adult depression: A systematic review and meta-analysis. *Psychother Res*, 29(1), 15-29. doi:10.1080/10503307.2017.1395922
20. Yoder, W. R., Karyotaki, E., **Cristea, I.-A.**, van Duin, D., & Cuijpers, P. (2019). Researcher allegiance in research on psychosocial interventions: meta-research study protocol and pilot study. *BMJ Open*, 9(2), bmjopen-2018-024622. doi:10.1136/bmjopen-2018-024622
21. Robe, A., Dobrean, A., **Cristea, I. A.**, Pasarelu, C. R., & Predescu, E. (2019). Attention-deficit/hyperactivity disorder and task-related heart rate variability: A systematic review and meta-analysis. *Neurosci Biobehav Rev*, 99, 11-22. doi:10.1016/j.neubiorev.2019.01.022
22. Chekroud, A. M., & **Cristea, I. A.*** (2019). Repetitive transcranial magnetic stimulation for depression. *Lancet*, 393(10170), 403. doi:10.1016/s0140-6736(18)32760-0

2018

23. Janiaud, P., **Cristea, I. A.**, & Ioannidis, J. P. A. (2018). Industry-funded versus non-profit-funded critical care research: a meta-epidemiological overview. *Intensive Care Medicine*, 44(10), 1613-1627. doi:10.1007/s00134-018-5325-3
24. **Cristea, I. A.**, & Ioannidis, J. P. A. (2018). Disclosures Can Always Be Improved-Reply. *JAMA Psychiatry*, 75(12), 1303-1304. doi:10.1001/jamapsychiatry.2018.2785
25. **Cristea, I.A.**, & Ioannidis, J.P.A. (2018). Improving disclosure of financial conflicts of interest for research on psychosocial interventions. *JAMA Psychiatry* 75(6), 541-542, doi:10.1001/jamapsychiatry.2018.0382
26. **Cristea, I.A.*** (2018) Experimental psychopathology should not be examined with rose-tinted glasses. *Lancet Psychiatry* 5(6), 465-466.
27. **Cristea, I.A.**, & Ioannidis, J.P.A. (2018). P values in display items are ubiquitous and almost invariably significant: A survey of top science journals. *PLoS One* 13(5), e0197440. <https://doi.org/10.1371/journal.pone.0197440>
28. Fodor, L. A., Cotet, C. D., Cuijpers, P., Szamoskozi, S., David, D., & **Cristea, I. A.*** (2018). The effectiveness of virtual reality based interventions for symptoms of anxiety and depression: A meta-analysis. *Scientific Reports*, 8(1),10323. doi:10.1038/s41598-018-28113-6
29. **Cristea, I. A.***, Kok, R. N., & Cuijpers, P. (2018). Persistent Double Standards in Evaluating the Effectiveness of Cognitive Bias Modification: A Commentary on Wiers et al. (2018). *Journal of Studies on Alcohol and Drugs*, 79(3), 344-345.
30. Moher, D., Naudet, F., **Cristea, I. A.**, Miedema, F., Ioannidis, J. P. A., & Goodman, S. N. (2018). Assessing scientists for hiring, promotion, and tenure. *PLOS Biology*, 16(3), e2004089. doi:10.1371/journal.pbio.2004089
31. Naudet, F., Sakarovitch, C., Janiaud, P., **Cristea, I.A.**, Fanelli, D., Moher, D., & Ioannidis, J. P. A. (2018). Data sharing and reanalysis of randomized controlled trials in leading biomedical journals with a full data sharing policy: survey of studies published in The BMJ and PLOS Medicine. *The BMJ*, 360. doi:10.1136/bmj.k400
32. **Cristea, I.A.**, Naudet, A.F. (2018). Defending psychiatry or defending the trivial effects of therapeutic interventions? A citation content analysis of an influential paper. *Epidemiology and Psychiatric Sciences* 27(3), 230-239, <https://doi.org/10.1017/S2045796017000750>
33. David, D., **Cristea, I.A.**, & Hofmann, S. G. (2018). Why Cognitive Behavioral Therapy Is the Current Gold Standard of Psychotherapy. *Frontiers in Psychiatry*, 9, 4. doi:10.3389/fpsy.2018.00004
34. **Cristea, I.A.** (2018) Author reply. *The British Journal of Psychiatry* 212(4), p.247 <https://doi.org/10.1192/bjp.2018.43>

2017

35. **Cristea, I.A.***, Gentili, C., Cotet, C., Palomba, D., Barbui, C., & Cuijpers, P. (2017) Efficacy of psychotherapies for Borderline Personality Disorder: A systematic reviews and meta-analysis, *JAMA Psychiatry*, 74(4), 319-328, [10.1001/jamapsychiatry.2016.4287](https://doi.org/10.1001/jamapsychiatry.2016.4287)
36. **Cristea, I.A.***, Stefan, S., Karyotaki, E., David, D., Hollon, S., Cuijpers, P. (2017). The effects of cognitive behavioral therapy are not systematically falling: a revision of Johnsen & Friborg (2015).

Psychological Bulletin 143(3), 326-340 <http://dx.doi.org/10.1037/bul0000062>

37. **Cristea, I. A.**, Naudet, F., Shanks, D. R., & Hardwicke, T. E. (2017). Post-retrieval Tetris should not be likened to a 'cognitive vaccine'. *Molecular Psychiatry*. doi:10.1038/mp.2017.222 (conception, write 1st draft)
38. **Cristea, I. A.***, Cuijpers, P., & Naudet, F. (2017). Equivalence of Psychodynamic Therapy to Other Established Treatments: Limited Supporting Evidence and Clinical Relevance. *American Journal of Psychiatry*, 174(11), 1122-1123. doi:10.1176/appi.ajp.2017.17050592
39. **Cristea, I.A.***, Barbui, C., & Cuijpers, P. (2017). Reviews and meta-analyses of psychotherapy efficacy for borderline personality disorder—reply. *JAMA Psychiatry*, 74(8), 854-855. doi:10.1001/jamapsychiatry.2017.1403
40. Cuijpers, P., Weitz, E., **Cristea, I.A.**, & Twisk, J. (2017). Pre-post effect sizes should be avoided in meta-analyses. *Epidemiology and Psychiatric Sciences*, 26(4), 364-368. doi:10.1017/S2045796016000809
41. Gentili, C., **Cristea, I.A.**, Ricciardi, E., Vanello, N., Popita, C., David, D., & Pietrini, P. (2017). Not in one metric: Neuroticism modulates different resting state metrics within distinctive brain regions. *Behavioural Brain Research*, 327, 34-43. doi:10.1016/j.bbr.2017.03.031
42. **Cristea, I.A.***, Gentili, C., Pietrini, P., & Cuijpers, P. (2017). Sponsorship bias in the comparative efficacy of psychotherapy and pharmacotherapy for adult depression: meta-analysis. *The British Journal of Psychiatry*, 210(1), 16–23. <https://doi.org/10.1192/bjp.bp.115.179275>
43. **Cristea, I.A.***, Gentili, C., Pietrini, P., & Cuijpers, P. (2017). Is investigator background related to outcome in head to head trials of psychotherapy and pharmacotherapy for adult depression? A systematic review and meta-analysis. *PLoS One*, 12 (2), e0171654 <http://dx.doi.org/10.1371/journal.pone.0171654>
44. **Cristea, I. A.***, Kok, R. N., & Cuijpers, P. (2017). Invited commentary on ... Confusing procedures with process in cognitive bias modification research. *The British Journal of Psychiatry*, 211(5), 272-273. doi:10.1192/bjp.bp.117.200972
45. **Cristea, I.A.**, Cuijpers, P. (2017). In the pursuit of truth, we should not prioritize correlational over causal evidence. *Psychotherapy Research*, 27(1), 36-37 <http://dx.doi.org/10.1080/10503307.2016.1249434>

2016

46. **Cristea, I.A.***, Kok, R. N., & Cuijpers, P. (2016). The Effectiveness of Cognitive Bias Modification Interventions for Substance Addictions: A Meta-Analysis. *PLoS One*, 11(9), e0162226. <https://doi.org/10.1371/journal.pone.0162226>
47. Cuijpers, P., Gentili, C., Banos, R., Garcia-Campayo, J., Botella, C., **Cristea, I.A.** (2016). Relative effects of cognitive and behavioral therapies on generalized anxiety disorder, social anxiety disorder and panic disorder: A meta-analysis. *Journal of Anxiety Disorders*, 43, 79-89. <http://dx.doi.org/10.1016/j.janxdis.2016.09.003>
48. Cuijpers, P., **Cristea, I.A.**, Karyotaki, E., Reijnders, M., Huibers, M. (2016) How effective are cognitive behavior therapies for major depression and anxiety disorders? A meta-analytic update of the evidence. *World Psychiatry* 15, 245–258 doi:10.1002/wps.20346
49. Cuijpers, P., **Cristea, I.A.**, Weitz, E., Gentili, C., Berking M. (2016). The effects of cognitive and behavioural therapies for anxiety disorders on depression: a meta-analysis. *Psychological Medicine*, 46(16), 3451-3461 <https://doi.org/10.1017/S0033291716002348>
50. Cuijpers P., Ebert D.D., Acarturk C., Andersson G., **Cristea I.A.** (2016). Personalized psychotherapy for adult depression: A meta-analytic review. *Behavior Therapy*, 47(6), 966-980 doi:10.1016/j.beth.2016.04.007
51. Cuijpers, P., Donkers, T., Weissman, M., Ravitz, P., **Cristea, I.A.** (2016). Interpersonal psychotherapy for mental health problems: A comprehensive meta-analysis. *The American Journal of Psychiatry*, 173(7), 680-687 <http://dx.doi.org/10.1176/appi.ajp.2015.15091141>
52. Vittengl, J., Jarrett, R., Weitz, E., Hollon, S., Twisk, J., **Cristea, I.A.**, David, D., ..., Cuijpers, P. (2016). Divergent outcomes in cognitive behavioral therapy and pharmacotherapy for adult depression. *The American Journal of Psychiatry*, 173 (5), 481-490 <http://dx.doi.org/10.1176/appi.ajp.2015.15040492>
53. Cuijpers, P., **Cristea, I.A.**, Ebert, D., Koot, H., Auerbach, R., Bruffaerts, R., Kessler, R. (2016). Psychological treatment of depression in college students: A meta-analysis. *Depression and Anxiety*,

33(5), 400-414 <http://dx.doi.org/10.1002/da.22461>

54. Cuijpers, P., **Cristea, I.A.** (2016). How to prove your therapy is effective, even when it is not: a guideline. *Epidemiology and Psychiatric Sciences*, 25(5), 428-435. <http://dx.doi.org/10.1017/S2045796015000864>

55. Gentili, C., **Cristea, I.A.**, Angstadt, M., Klumpp, H., Tozzi, L., Phan, L., Pietrini, P. (2016). Beyond emotions: a meta-analysis of neural response within face processing system in Social Anxiety. *Experimental Biology and Medicine* 241(3) 225-237 doi: 10.1177/1535370215603514

2015

56. **Cristea, I.A.***, Huibers, M. J. H., David, D., Hollon, S. D., Andersson, G., & Cuijpers, P. (2015). The effects of cognitive behavior therapy for adult depression on dysfunctional thinking: A meta-analysis. *Clinical Psychology Review*. 42, 62-71 <http://doi.org/10.1016/j.cpr.2015.08.003>

57. **Cristea, I.A.***, Mogoșe, C., David, D., & Cuijpers, P. (2015). Practitioner Review: Cognitive bias modification for mental health problems in children and adolescents: a meta-analysis. *Journal of Child Psychology and Psychiatry*, 56(7), 723-734. <http://doi.org/10.1111/jcpp.12383>

58. **Cristea, I.A.***, Kok, R. N., & Cuijpers, P. (2015). Efficacy of cognitive bias modification interventions in anxiety and depression: meta-analysis. *The British Journal of Psychiatry*, 7–16. <http://doi.org/10.1192/bjp.bp.114.146761>

59. Cuijpers, P., **Cristea, I.A.** (2015). What if a placebo effect explained all the activity of depression treatments? *World Psychiatry*, 14(3), 310-311 doi: 10.1002/wps.20249

60. Weitz, E., Hollon, S., Twisk, J., van Straten, A., Huibers, M.J.H. **Cristea, I.A.**, David, D., ..., Cuijpers, P. (2015). Does baseline depression severity moderate depression outcomes between CBT and pharmacotherapy? An individual patient data meta-analysis. *JAMA Psychiatry* 72(11), 1102-1109 doi: 10.1001/jamapsychiatry.2015.1516

61. Gentili, C., Vanello, N., **Cristea, I.A.**, David, D., Ricciardi, E., & Pietrini, P. (2015). Proneness to social anxiety modulates neural complexity in the absence of exposure: A resting state fMRI study using Hurst exponent. *Psychiatry Research Neuroimaging*, 232(2), 135–144. <http://doi.org/10.1016/j.pscychresns.2015.03.005>

62. Nardelli, M., Valenza, G., **Cristea, I.A.**, Gentili, C., Cotet, C., David, D., ... Scilingo, E. P. (2015). Characterizing psychological dimensions in non-pathological subjects through autonomic nervous system dynamics. *Frontiers in Computational Neuroscience*, 9, 37. <http://doi.org/10.3389/fncom.2015.00037>

63. Gentili, C., **Cristea, I.A.**, Ricciardi, E., Costescu, C., David, D., Pietrini, P. (2015) Neurobiological correlates of the attitude toward human empathy. *Rivista Internazionale di Filosofia e Psicologia* 6(1), 70–87. <http://doi.org/10.4453/rifp.2015.0006>

2014

64. Cuijpers, P., Weitz, E., Twisk, J., Kuehner, C., **Cristea, I.A.**, David, D., ..., Hollon, S. D. (2014). Gender as predictor and moderator of outcome in cognitive behavior therapy and pharmacotherapy for adult depression: an “individual patient data” meta-analysis. *Depression and Anxiety*, 31(11), 941–951. doi:10.1002/da.22328

65. **Cristea, I.A.***, Valenza, G., Scilingo, E. P., Szentágotai Tătar, A., Gentili, C., & David, D. (2014). Autonomic effects of cognitive reappraisal and acceptance in social anxiety: Evidence for common and distinct pathways for parasympathetic reactivity. *Journal of Anxiety Disorders*, 28(8), 795–803. doi:10.1016/j.janxdis.2014.09.009

66. **Cristea, I.A.**, Legge, E., Prosperi, M., Guazzelli, M., David, D., & Gentili, C. (2014). Moderating effects of empathic concern and personal distress on the emotional reactions of disaster volunteers. *Disasters*, 38(4), 740-752. doi:10.1111/disa.1207

67. **Cristea, I.A.***, Szentágotai Tatar, A., Lucacel, R. (2014). Differential effects of self-statements following a self-esteem threatening situation. *Journal of Evidence-Based Psychotherapies*, 14(1), 39-52.

68. Nardelli, M., Valenza, G., **Cristea, I.A.**, Gentili, C., Cotet, C., David, D., ... Scilingo, E. P. (2014). Characterization of behavioral activation in non-pathological subjects through Heart Rate Variability monovariate and multivariate multiscale entropy analysis (pp. 135–136). Presented at the 2014 8th Conference of the European Study Group on Cardiovascular Oscillations, ESGCO 2014.

<http://doi.org/10.1109/ESGCO.2014.6847556>

2013

69. **Cristea, I.A.**, Sucală, M., David, D. (2013). Can you tell the difference? Comparing face-to-face versus computer-based interventions. The “Eliza” effect in psychotherapy. *Journal of Cognitive and Behavioral Psychotherapies*, 13(2), 291-298.
70. Visla, A., **Cristea, I.A.***, Szentagotai Tatar, A., David, D. (2013). Core Beliefs, Automatic Thoughts and Response Expectancies in Predicting Public Speaking Anxiety. *Personality and Individual Differences*, 55(7), 856-859. doi: 10.1016/j.paid.2013.06.003
71. **Cristea I.A.***, Montgomery G., Szamoskozi S., David D. (2013). Key constructs in “classical” and “new wave” cognitive behavioral psychotherapies: relationships among each other and with emotional distress. *Journal of Clinical Psychology*, 69(6), 584-599. doi: 10.1002/jclp.21976
72. **Cristea, I.A.**, Matu, S., David, D., Szentagotai, A. (2013). The other side of rumination: Reflective pondering as a strategy for regulating emotions in social situations. *Anxiety, Stress and Coping*, 27(1), 247-251. doi: 10.1080/10615806.2012.725469

2008-2012

73. **Cristea, I.A.***, Szentagotai Tatar, A., Nagy, D., & David, D. (2012). The bottle is half empty and that's bad, but not tragic: Differential effects of negative functional reappraisal. *Motivation and Emotion*, 36(4), 550-563. doi:10.1007/s11031-012-9277-6
74. Sorokowski, P., Szmajke, A., Szagdaj A., Borg Cunen, M., Fabrykant, M., Zarafshani, K., ..., **Cristea, I.A.**, ..., Fang, T. (2011). Attractiveness of leg length: report from 27 nations. *Journal of Cross Cultural Psychology*, 42(1), 131-139, doi: 10.1177/0022022110392229.
75. **Cristea, I.A.**, Sucala, M., Stefan, S., Igna, R., David, D., & Szentagotai, A. (2011). Positive and negative emotions in cardiac patients: the contributions of trait optimism, expectancies and hopes. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 15(3), 317-329.
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2. Books and book chapters

1. Cuijpers, P., **Cristea, I.A.** Systematic Reviews in Mental Health (2019). In Dimidjian, S. (editor) “*Evidence-Based Practice in Action: Bridging Clinical Science and Intervention*”. Guilford Press
 2. David, D., **Cristea, I.A.**, Beck, A.T., (2018). Varieties of psychotherapies for major depressive disorder in adults: An evidence-based evaluation. In David, D., Lynn, S., Montgomery, G. (editors) “*Evidence-based psychotherapy: The state of the science and practice*”. Wiley Blackwell
 3. **Cristea, I.A.**, Stefan, S., David, O., Mogoase, C., Dobrean, A., David, D. (2016). *REBT in the Treatment of Anxiety Disorders in Children and Adults*. Springer
- Cristea, I.A.** (2015). *Dysfunctional and Functional Beliefs in Emotional Regulation: Reappraisal and Acceptance Based Approaches*. Presa Universitară Clujeană/Cluj University Press. ISBN 978-973-595-849-7

Direzione o partecipazione a comitati editoriali

- Editore (senior editor) *Journal of Evidence-Based Psychotherapies* (<http://jebp.psychotherapy.ro/journals-board/>) dal 01-01-2014 al 01-07-2019
- Membro del comitato editoriale *Clinical Psychology in Europe* (<https://cpe.psychopen.eu/board/>) dal 23-10-2018 a oggi

- Membro del Editorial Advisory Board, *The Lancet Psychiatry* (<https://www.thelancet.com/lanpsy/editorial-advisory-board>) dal 24-01-2019 a oggi
- Editore associato, *Systematic Reviews* (<https://systematicreviewsjournal.biomedcentral.com/about/editorial-board>) dal 20-06-2019 a oggi
- Membro International Editorial Board, *BJPsych Open* (<https://www.cambridge.org/core/journals/bjpsych-open/information/editorial-board>) dal 11-10-2019 a oggi

Progetti finanziati

- Borsa di ricerca per giovani dottorandi finanziata dal Romanian Council of Scientific Research (CNCS) in seguito a una competizione nazionale, 2007-2010 dal 01-01-2007 al 01-01-2010
- Investigatore principale progetto di ricerca "Moderators of response to cognitive behavioural therapy for depression: what works better for whom", Grant Young Teams, finanziato dalla Romanian National Authority for Scientific Research and Innovation, CNCS – UEFISCDI, numero grant PN-II-RU-TE-2014-4-1316 (valore approssimativo: 125000 Euro) (dal 01-10-2015 al 30-09-2017)
- Fulbright Senior Award (Visiting Scholar) grant recipient, finanziato dalla Romania-US Fulbright Commission e il Dipartimento di Stato Americano (The US Department of State), numero grant 603, titolo progetto di ricerca "Who, how and in whose name: Trial risk of bias as a possible action mechanism for financial and non-financial investigator biases in mental health trials", October 2016-April 2017 (grant value: 22725 \$), istituzione ospitante Stanford University, USA, mentor prof. John Ioannidis (dal 01-10-2016 al 01-04-2017)
- Investigatore principale progetto di ricerca "Predictors and moderators of response to cognitive behavioral therapy for anxiety disorders: a step toward personalized treatments", Grant YoungTeams, finanziato dalla Romanian National Authority for Scientific Research and Innovation, CNCS – UEFISCDI, CNCS-UEFISCDI, numero grant PN-III-P1-1.1-TE-2016-1054 (valore approssimativo del progetto: 100000 Euro) (dal 01.05.2018- 30.09.2019-interrotto per trasferimento in Italia)

Corsi di formazione insegnati

- Insegnamento Teoria della mindfulness, Master in Neuroscience, mindfulness e pratiche contemplative, Università di Pisa, Italia (dal 13-05-2016 al 14-05-2016)
- Corso di formazione "Systematic review & meta-analysis. Scegliere e condurre interventi psicologici basati sulle evidenze", Collegio dei Professori e dei Ricercatori di Psicologia Clinica delle Università italiane, Bergamo, Italia (dal 23-02-2018 al 24-02-2018)
- Corso di formazione "Systematic review & meta-analysis. Scegliere e condurre interventi psicologici basati sulle evidenze", Collegio dei Professori e dei Ricercatori di Psicologia Clinica delle Università italiane, Chieti, Italia (dal 06-07-2018 al 07-07-2018)
- Practice Course/Lab "Meta-analysis in clinical practice", Corso di Laurea magistrale in Psychology, Neuroscience and Human Sciences, Università di Pavia e Scuola Universitaria Superiore IUSS Pavia (dal 13-06-2019 al 14-06-2019)

Riconoscimenti e premi

- Ricercatore affiliato Meta-Research Innovation Center (METRICS), School of Medicine, Stanford University, California, USA dal 15-06-2017 a oggi
- Publons Peer Review Award 2018 (primi 1% revisori per Psichiatria/Psicologia) dal 01-09-2017 al 01-09-2018

Presentazioni come relatore invitato

- Simposio su invito (convenor) "Can meta-research applications inform substantial critiques in mental health research?", 15th European Congress of Psychology, Amsterdam, the Netherlands dal 11-07-2017 al 14-07-2017
- Panel di discussione su invito (partecipante) "Should we be depressed about the effectiveness of CBT for Depression?", 46th Annual Conference of the British Association for Behavioural & Cognitive Psychotherapies, Glasgow dal 17-07-2018 al 20-07-2018
- Panel di discussione su invito (organizzatore) "Research waste, rigor and transparency in research on psychological therapies", 46th Annual Conference of the British Association for Behavioural & Cognitive Psychotherapies, Glasgow dal 17-07-2018 al 20-07-2018
- Relatore invitato (guest speaker and panelist) "New Dynamics in Clinical Trials", Charité BIH Entrepreneurship Summit, Berlin Institute of Health e Stiftung Charité Berlin, Berlin dal 17-06-2019 al 18-06-2019

Apparizioni nei media

- Medscape, 07/03/2017: <https://www.medscape.com/viewarticle/876859>
- New England Journal of Medicine (NEJM) Journal Watch: <https://www.jwatch.org/na43639/2017/03/13/there-best-psychotherapy-borderline-personality-disorder>
- Gizmodo, 13/12/2017: <https://gizmodo.com/no-science-did-not-just-prove-playing-super-mario-64-p-1821256790>
- Technology.org, 20/12/2017: <https://www.technology.org/2017/12/20/could-cognitive-interventions-be-useful-in-treating-depression/>
- HealthCanal, 18/12/2017: <https://www.technology.org/2017/12/20/could-cognitive-interventions-be-useful-in-treating-depression/>
- Healio, 13/04/2018: <https://www.healio.com/psychiatry/practice-management/news/online/%7B6f271b7f-74dd-4807-b618-d9d58d37b0da%7D/awareness-key-to-improving-clarity-of-financial-conflicts-of-interest>
- Business Insider : <https://www.businessinsider.com/unicorn-health-startups-not-enough-research-theranos-warning-2019-1?IR=T>
- Forbes, 30/01/2019: <https://www.forbes.com/sites/elliekincaid/2019/01/30/after-theranos-healthcare-startups-still-arent-publishing-enough-peer-reviewed-research-says-one-stanford-professor-venture-capitalists-disagree/>
- Nature News, 13/02/2019: <https://www.nature.com/articles/d41586-019-00564-5>
- TechCrunch, 28/01/2019: <https://techcrunch.com/2019/01/28/lack-of-transparency-in-healthcare-startups-risks-another-theranos-implosion/>
- STAT News, 29/01/2019: <https://www.statnews.com/2019/01/29/peer-review-health-care-unicorns-theranos/>
- Times Higher Education, 29/08/2019: <https://www.timeshighereducation.com/news/do-researchers-trust-each-others-work>
- Medpage Today, 20/02/2020: <https://www.medpagetoday.com/psychiatry/depression/85004>
- Medscape (Reuters Health): <https://www.medscape.com/viewarticle/928374>

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